

Syllabus and Course Scheme

Academic year 2023-24



B.A –PSYCHOLOGY

Exam.-2024

UNIVERSITY OF KOTA

**MBS Marg, Swami Vivekanand Nagar,
Kota - 324 005, Rajasthan, India**

Website: uok.ac.in

UNIVERSITY OF KOTA

UNDERGRADUATE SYLLABUS (Psychology)

Paper Code – 5125P

Following the choice based credit system (CBCS)

For academic qualification: Undergraduate certificate, Under graduate Diploma and Three years Bachelor's degree in Arts (B.A)

Discipline: Psychology (Subject/Discipline code-Psy-5125P)

Semester	Academic Session
Semester I & II	2023-24
Semester III & IV	2024-25
Semester V & VI	2025-26

Scope: All affiliated colleges of the University.

Key features:

1. Semester System
2. Multiple Entry and Exit
3. Continuous Assessment
4. Grading System

Guided by

Directives of the State Government circulated vide letter no. 418 (10) - 4/2020दिनांक08.06.2023

SCHEME

S.N O	Course code	Course Cat.	Title of the Course	Durati on of Exam	Teaching Hrs/week Credit			Distribution of marks			Min Pass marks	
					L	P	C	Int. Ass.	SEM . Ass	Tot al	Int. Ass.	SEM. Ass.
SEMESTER-I												
1	Psy100 1T	DCC	Theory-I- Foundation Of Psychology	3 Hrs	4	-	4	30	70	100	12	28
2	Psy 1002P	DCC	Practicum-II	3Hrs	2	4	2	-	50	50		25
3	AEC -1	AEC	English/ Hindi									
SEMESTER-II												
4	Psy 1003T	DCC	Theory-II- Social Psychology	3 Hrs	4	-	4	30	70	100	12	28
5	Psy 1004P	DCC	Practicum -II	3 Hrs	2	4	2	-	50	50		25
6	AEC -1	AEC	English/ Hindi									

B.A. PART-I PSYCHOLOGY 2023

SEMESTER – I

Theory-I Semester Assessment	Duration 3 Hrs	70 Marks
Internal Assessment	Duration 1 hour	30 Marks

The distribution of marks for continuous and external assessment is as under:

Continuous Assessment Weight age		External assessment weightage	Total marks/ Total Credits
Regular Students		Total	Paper based External Evaluation (Term end Examination)
Mid-Term Test	Presentation		
20	10	30	70
			100

PAPER CODE : PSY-1001T)

FOUNDATION OF PSYCHOLOGY

Objective: To understand the basic Psychological processes and their applications in everyday life.

Duration 3 Hrs

70 Marks

The question paper will contain two section as under:

Section 'A' : There will be one question with ten parts from each unit with no internal choice. The weightage of each part is 2 marks hence the total weightage of this section is 20 marks (10x2=20) and the word limit is 40 words per questions.

Section "B" : There will be five questions with one question from each unit with internal choice (may have sub divisions). The weightage of each questions of section is 10 marks hence the total weightage is 50 marks (10x5=50) and the words limits is 400 words per question.

UNIT – Introduction

- **Introduction:** Meaning and Nature of Psychology, Psychology as a science of behavior. Methods of Psychology, Fields and application of Psychology.

इकाई-1 परिचय

- **परिचय:** मनोविज्ञान का स्वरूप एवं अर्थ। मनोविज्ञान व्यवहार के विज्ञान के रूप में। मनोविज्ञान की विधियाँ, मनोविज्ञान के क्षेत्र एवं उपादेयता।

UNIT – II Psychological and cognitive process

- **Psychological basis of human behavior:** Central peripheral and autonomic nervous system and Endocrine glands.
- **Perception:** Nature of Perceptions, Laws of Perceptual organization.
- **Memory and Forgetting:** Nature of remembering, retention, nature of forgetting and factors of forgetting.
- **Thinking:** Nature of thinking, concept formation and problem solving.

इकाई-II शारीरिक एवं संज्ञानात्मक प्रक्रिया

- **व्यवहार के शारीरिक आधार:** केन्द्रीय, पश्चिमीय, स्वायत्त तंत्रिका तंत्र, अंतःस्त्रावी ग्रन्थियाँ।
- **प्रत्यक्षीकरण :** प्रत्यक्षीकरण का स्वरूप, प्रत्यक्षिक संगठन।
- **स्मरण व विस्मरण :** स्मरण का स्वरूप, धारण , विस्मरण का स्वरूप, विस्मरण के कारक।
- **चिंतन:** चिंतन का स्वरूप, संप्रत्यय निर्माण, समस्या समाधान।

UNIT – III Learning Process

- **Learning:** Nature, Factors & Methods of Learning, Procedure of Learning.
Theories: Trial and Error, conditioning- Classical and operant, learning by insight.

इकाई-III अधिगम प्रक्रिया

- **अधिगम:** अधिगम का स्वरूप, कारक एवं अधिगम की विधियाँ, अधिगम की प्रक्रियाएँ, सिद्धान्त : त्रुटि एवं अभ्यास, अनुबंधन-क्लासिकी और क्रियाप्रसूत, सूझ से अधिगम।

UNIT – IV Motivation and Emotion

- **Motivation:** Meaning, Nature and types of Motivation, Maslow's Theory and motivation.
- **Emotion:** Meaning, Nature of Emotion, Theories of Emotions, James-Lange theory, Cannon-Bard theory, Cognitive theory.

इकाई-IV अभिप्रेरणा एवं संवेग

- **अभिप्रेरणा:** अभिप्रेरणा का अर्थ, स्वरूप एवं प्रकार, मास्लो की अभिप्रेरणा का सिद्धान्त।
- **संवेग:** संवेग का अर्थ एवं स्वरूप, सिद्धान्त-जेम्स-लान्जे, कैनन-बार्ड, एवं संज्ञानात्मक सिद्धान्त।

UNIT – V Personality and Intelligence

- **Personality:** Meaning, Nature and Factors affecting Personality, Measurement of personality, Theories of personality- Allport, Kretshmer and Sheldon.
- **Intelligence:** Meaning, Nature and Factors affecting Intelligence, Measurement of Intelligence, Theories of Intelligence – Two factors of Spearman, Group factor by Thurston.

इकाई-V बुद्धि एवं व्यक्तित्व

- **व्यक्तित्व:** व्यक्तित्व का अर्थ, स्वरूप एवं कारक, व्यक्तित्व का मापन, सिद्धान्त-ऑलपोर्ट, क्रेशनेर, व शेल्डन,।
- **बुद्धि:** बुद्धि का अर्थ, स्वरूप एवं बुद्धि को प्रभावित करने वाले कारक, बुद्धि के मापन-स्पीयरमेन का द्विकारक, सिद्धान्त एवं थर्स्टन का समूह कारक सिद्धान्त।

Readings:

- Baron, R.A. and Mishra, G (2014) Psychology (Indian Subcontinent Ed.) Pearson Education Ltd.
- Ciccarelli, S.K. and Meyer G.E. (2008) Psychology, (South-Asian Edition), New Delhi: Pearson.
- Horgan, C.T. King, R.A. et al Introduction to Psychology, (Indian Edition) Total MacGraw Hill.
- Atteinson and Hilgard: Introduction to Psychology, Oxford and IBH.
- अरुण कुमार सिंह, मोतीलाल बनारसीदास-सामान्य मनोविज्ञान, नईदिल्ली
- डॉ. रामनाथ शर्मा, केदारनाथ-सामान्य मनोविज्ञान, नईदिल्ली

E-Content:

- <https://heecontent.upsdc.gov.in/home.aspx>
- <http://www.apa.org>

PRACTICUM (CODE-PSY-1002T)

The Distribution of Marks will be as follows:

Practical Record book and Internal Assessment	= 15
Conduction and report of one experiment	= 25
Oral defense	= 10
Total	= 50

Topics of Practical (Any Four)

- Personality Test
- Intelligence Test
- Learning
- Memory
- Emotion

Note- students have to complete any 4 practical in the class.

अंकों का विभाजन

:प्रायोगिक रिकार्ड पुस्तिका व आंतरिक मूल्यांकन	- 15
एक प्रायोगिक कार्य एवं प्रतिवेदन	- 25
मौखिक बचाव	- 10
योग	- 50

प्रायोगिक के विषय (कोई चार)

- व्यक्तित्व परीक्षण
- बुद्धि परीक्षण
- अधिगम
- स्मृति
- संवेग

नोट – विद्यार्थियों को कोई 4 प्रयोग कक्षा में करने हैं।

SEMESTER – II

Theory-I Semester Assessment

Duration 3 Hrs

70 Marks

Internal Assessment

Duration 1 hour

30 Marks

The distribution of marks for continuous and external assessment is as under:

Continuous Assessment Weightage		External assessment weightage	Total marks/ Total Credits
Regular Students		Total	Paper based External Evaluation (Term end Examination)
Mid-Term Test	Presentation		
20	10	30	70
			100

PAPER CODE PSY-1003P

SOCIAL PSYCHOLOGY

Objective : To understand the basic of Social Psychology and to understand the individual in the social world.

Duration 3 Hrs

70 Marks

The question paper will contain two section as under:

Section ‘A’ : There will be one question with ten parts from each unit with no internal choice. The weightage of each part is 2 marks hence the total weightage of this section is 20 marks (10x2=20) and the word limit is 40 words per questions.

Section ‘B’ : There will be five questions with one question from each unit with internal choice (may have sub divisions). The weightage of each questions of section is 10 markshence the total weightage is 50 marks (10x5=50) and the words limits is 400 words per question.

UNIT – I Introduction

- **Introduction:** Nature and scope of Social Psychology and its relation with Social Science. Methods of Social Psychology, Observation, Interview, field Experiment and sociometry.

इकाई-I परिचय

- **परिचय:** समाज मनोविज्ञान का अर्थ, स्वरूप एवं विस्तृत क्षेत्र और अन्य सामाजिक विज्ञानों से संबंध। समाज मनोविज्ञान की विधियाँ – निरीक्षण विधि, साक्षात्कार विधि, क्षेत्र प्रयोग विधि और समाजमिति।

UNIT – II Socialization

- **Socialization:** Meaning, Nature and process, Agents of socialization.
- **Social Norms:** Meaning , nature and formation.
- **Attitude and Social change:** Meaning and Nature, Measurement of attitude – Thurston and Likert k.

इकाई—II समाजीकरण

- **समाजीकरण:** अर्थ, स्वरूप एवं प्रक्रिया, समाजीकरण के माध्यम।
- **सामाजिक मानक:** अर्थ, स्वरूप और निर्माण।
- **अभिवृत्ति और सामाजिक परिवर्तन:** अर्थ और स्वरूप, अभिवृत्ति का मापन—थस्टन और लाकर्ट के।

UNIT – III Prejudice and Stereotype

- **Prejudice:** Meaning, Nature, Causes and Methods of removing prejudice.
- **Stereotype:** Meaning , nature, Causes and methods of removing Stereotype.

इकाई—III पूर्वाग्रह एवं रूढ़ियुक्तियाँ

- **पूर्वाग्रह:** अर्थ, स्वरूप, कारण, पूर्वाग्रह कम करने की विधियाँ।
- **रूढ़ियुक्तियाँ:** अर्थ, स्वरूप, कारण, रूढ़ियुक्तियाँ कम करने की विधियाँ।

UNIT – IV Leadership

- **Leadership:** Meaning, Nature, Characteristics and functions of Leader, Types of Leader.

इकाई—IV नेतृत्व

- **नेतृत्व:** अर्थ, स्वरूप, विशेषता, नेता के प्रकार, नेता के प्रकार।

UNIT – V Communication & Pro-social Behavior

- **Communication:** Meaning, Nature, Types and Barriers.
- **Pro-social Behavior:** Meaning, Nature, Factors.

इकाई—V सम्प्रेषण एवं परोपकारी सामाजिक व्यवहार

- **सम्प्रेषण :** अर्थ, स्वरूप, प्रकार एवं बाधाएँ।
- **परोपकारी सामाजिक व्यवहार:** अर्थ, स्वरूप और कारक।

Readings:

- Baron, R.A, Byrno, D & Bhardwaj G. (2010) social Psychology (2nd Ed.) New Delhi, Perion
- Myers, D.G.(2008) Social Psychology, New Delhi, Tata McGraw-Hill
- Mathur, S.S. –Social Psychology (12th Ed.) Shri Vinod Pustak Mandir
- Singh A.K. (2019) –Social Psychology, Prentice Hall India.

- अरुण कुमार सिंह, मोतीलाल बनारसीदास– समाज मनोविज्ञान की रूपरेखा, नईदिल्ली
- श्रीवास्तव रामजीआलम, मोतीलाल बनारसीदास– आधुनिक सामान्य मनोविज्ञान, नईदिल्ली

E-Content:

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- <http://www.apa.org>

PRACTICUM (CODE-PSY-1004T)

The Distribution of Marks will be as follows:

Practical Record book and Internal Assessment	= 15
Conduction and report of one experiment	= 25
Oral defense	= 10
Total	= 50

- Sociometry
- Levels of Aspiration
- Leadership Style
- Attitude Measurement
- Communication Skills

Note: students have to complete any 4 practical in the class.

अंकों का विभाजन :

प्रायोगिक रिकार्ड पुस्तिका व आंतरिक मूल्यांकन	– 15
एक प्रायोगिक कार्य एवं प्रतिवेदन	– 25
मौखिक बचाव	– 10
योग	– 50

- समाजमिति
- आकांक्षा स्तर का मापन
- नेतृत्व शैली का मापन
- अभिवृत्ति मापन
- संप्रेषण कौशल

नोट – विद्यार्थियों को कोई 4 प्रयोग कक्षा में करने हैं।

